

PILLARS OF INCLUSION: YOUR CLUB ASSESSMENT TOOL

“THE GOAL OF INCLUSIVE SPORT IS TO SUPPORT CHILDREN AND YOUTH WITH INTELLECTUAL AND/OR DEVELOPMENTAL DISABILITIES IN REACHING THEIR FULL POTENTIAL BY ACTIVELY PARTICIPATING IN MAINSTREAM SPORT OF THEIR CHOICE ALONGSIDE THEIR PEERS WITHOUT DISABILITIES.”

HOW INCLUSIVE IS OUR SPORTS CLUB?

PILLARS OF INCLUSIVE SPORT	OUR CLUB CURRENTLY	OUR CLUB MOVING FORWARD	STEPS WE NEED TO TAKE NOW	EXAMPLES OF INCLUSIVE SPORT ACTIONS FOR PARTICIPANTS WITH IDD
<p>ACCESS Access means providing a wide range of activities, settings and environments for every participant by removing physical barriers and offering multiple ways to promote belonging, learning and development. Every one has access to a variety of programs, services, activities and environments. There should be nothing that hinders the enrolment of children and youth with your sport club’s programs.</p>				<p>Establish a policy that welcomes children and youth of all abilities to your club.</p> <p>Promote your commitment to inclusive sport on social media and in the community.</p> <p>Welcome children and youth with IDD and their families to your club. Get to know their past sport experiences, goals, needs and preferences.</p>
<p>PARTICIPATION Participation means using a range of learning and coaching approaches that promote engagement, positive sport experiences and a sense of belonging for every child and youth. Individualized support, modifications and accommodations may be needed to make sure the sport experience is meaningful and positive for every participant.</p>				<p>Get to know each child and youth with IDD. Be family-focused and communicate often with parents of participants with IDD. Share your ideas, questions and concerns with parents and work together to create a positive experience for participants with IDD.</p>
<p>SUPPORT A strong foundation of systems-level supports is needed to ensure broad and sustained support for inclusive sport. Systems-level support includes such things as well defined policies and procedures that guide your inclusive sport commitment, on-going coach training, collaborative partnerships with community stakeholders and a family-centred approach that recognizes the central role families play in their child’s wellbeing. Without these systems-level supports, the efforts of your club to provide inclusive sport will be compromised</p>				<p>Highlight your club’s commitment to inclusive sport in program information, parent handbooks and on social media.</p> <p>Integrate inclusive sport in annual coaching orientation and professional development activities to ensure coaches are equipped with the information and tools they need to confidently support participants with IDD. Partner with community inclusion stakeholders that support children and youth with IDD (e.g., NB Association For Community Living, Coach NB, Autism Intervention Services).</p>

** This planning template can be used by sport clubs to assess their inclusive sport commitment. Examples are provided of actions that sport clubs can take to open their doors to participants with IDD and many of these examples are applicable for all disability groups as well.*